



## Training Calendar July 2018 – Dec 2018

Register by emailing:  
[cacinfo@orlandohealth.com](mailto:cacinfo@orlandohealth.com)  
 Please be sure to indicate which training you are registering for

Date, Time & Location	PRESENTATION
<p><b>Aug 1<sup>st</sup></b>  <b>12:00 – 2:00</b>                      Kissimmee Police Department                      8 N Stewart Ave,                      Kissimmee</p> <p>Osceola County                      (limited seats left)</p>	<p style="text-align: center;"><u><b>Resilience</b></u></p> <p style="text-align: center;"><i>“The child may not remember, but the body remembers.”</i></p> <p><b>RESILIENCE</b> is a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of every- thing from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior.</p> <p>However, as experts and practitioners profiled in <b>RESILIENCE</b> are proving, what’s predictable is preventable. These physicians, educators, social workers and communities are daring to talk about the effects of divorce, abuse and neglect. And they’re using cutting edge science to help the next generation break the cycles of adversity and disease.</p>
<p><b>Tuesday, Aug 14<sup>th</sup></b>  <b>9:00 – 12:00</b>                      Nova Southeastern University, Rm 122                      4850 Millenia Blvd,                      Orlando, 32839</p> <p>Orange County</p>	<p style="text-align: center;"><u><b>Darkness to Light ~ Stewards of Children</b></u></p> <p><b>Stewards of Children</b> is a prevention training program that teaches adults how to prevent, recognize, and react responsibly to child sexual abuse. The program is designed for organizations that serve youth and for individuals concerned about the safety of children. It is the only nationally distributed, evidence based program proven to increase knowledge, improve attitudes, and change child protective behaviors.</p> <ul style="list-style-type: none"> <li>• A two-part DVD presentation with commentary from sexual abuse survivors, experts in the field and concerned adults.</li> <li>• Facilitator-led discussion emphasizes important issues in prevention within the community and organizations that serve children.</li> </ul> <p>An interactive workbook facilitates discussion, reinforces key concepts, and serves as a resource and personal action plan for resolving child sexual abuse.</p>
<p><b>Friday, Aug 17<sup>th</sup></b>  <b>9:00 – 12:00</b>                      CBC of Central Florida:                      111 E Monument Ave.                      Kissimmee FL 34741                      The Lake Tahoe Room                      (5<sup>th</sup> floor)</p> <p>Osceola County</p>	<p style="text-align: center;"><u><b>Darkness to Light ~ Stewards of Children</b></u></p> <p><b>Stewards of Children</b> is a prevention training program that teaches adults how to prevent, recognize, and react responsibly to child sexual abuse. The program is designed for organizations that serve youth and for individuals concerned about the safety of children. It is the only nationally distributed, evidence based program proven to increase knowledge, improve attitudes, and change child protective behaviors.</p> <ul style="list-style-type: none"> <li>• A two-part DVD presentation with commentary from sexual abuse survivors, experts in the field and concerned adults.</li> <li>• Facilitator-led discussion emphasizes important issues in prevention within the community and organizations that serve children.</li> </ul> <p>An interactive workbook facilitates discussion, reinforces key concepts, and serves as a resource and personal action plan for resolving child sexual abuse.</p>
<p><b>Tuesday, Aug 21</b>  <b>9:00 – 11:30</b>                      2600 Technology Dr.                      Orlando 32804,                      2nd Floor                      Orange County</p>	<p style="text-align: center;"><u><b>What is Child Neglect?</b></u></p> <p>This training will explore what constitutes Child Neglect, the scope of the problem, the various maltreatments associated with neglect, risk factors, and the impact neglect has on children.</p> <p>Information will include: Is it chronic or situational neglect? * Medical Neglect * Environmental Hazards * Inadequate Supervision * Substance Misuse</p>

<p><b>Friday, Sept 14</b> <b>9:00 – 12:00</b></p> <p>CBC of Central Florida: 111 E Monument Ave. Kissimmee FL 34741 The Lake Tahoe Room (5<sup>th</sup> floor)</p> <p>Osceola County</p> <p><b>*NOTE*</b> These trainings build on the education provided in <i>Stewards of Children</i><sup>®</sup>, Darkness to Light’s evidence-based training on preventing, recognizing, and reacting responsibly to child sexual abuse. It is highly recommended that participants complete <i>Stewards of Children</i><sup>®</sup> prior to taking the course.</p>	<p style="text-align: center;"><b>Darkness to Light – Supplemental Trainings</b></p> <p style="text-align: center;"><b><u>Bystander Intervention</u></b></p> <p>During the training, you will hear compelling stories from experts and survivors about being an active bystander. You will also:</p> <ul style="list-style-type: none"> <li>• Learn what it means to be an active bystander.</li> <li>• Learn what actions you can take as an active bystander.</li> <li>• Receive examples of boundary violations and red flag behaviors.</li> <li>• Learn how to make spontaneous and planned interventions.</li> </ul> <p style="text-align: center;"><b><u>Healthy Touch for Children &amp; Youth</u></b></p> <p>During the training, you will hear compelling stories from experts and survivors about being an active bystander. You will also:</p> <ul style="list-style-type: none"> <li>• Receive some guidelines for healthy touch at home and in youth serving settings.</li> <li>• Learn how to balance children’s needs for warmth and affection with safe, respectful ways of interacting.</li> <li>• Learn about healthy sexual development in children so we can identify normal and abnormal touching behaviors.</li> </ul> <p style="text-align: center;"><b><u>Talking with Children about Safety from Sexual Abuse</u></b></p> <p>During the training, you will hear compelling stories from experts and survivors about how talking to kids can help prevent sexual abuse. You will also:</p> <ul style="list-style-type: none"> <li>• Learn why relationships and resilience are the building blocks of safety for children.</li> <li>• Receive examples of how to talk about personal safety with children of all ages.</li> <li>• Learn how to use everyday opportunities to talk with children about sexual abuse.</li> </ul> <p style="text-align: center;"><b>Please plan to stay &amp; complete all of these trainings. They are all separate, but related.</b></p>
<p><b>Tuesday, Sept 18</b> <b>9:00 – 12:00</b></p> <p>Nova Southeastern University, Rm 122 4850 Millenia Blvd, Orlando, 32839</p> <p>Orange County</p>	<p style="text-align: center;"><b><u>Children and Trauma</u></b></p> <p>Childhood trauma is the result of an event or a series of events which cause a child to feel helpless and pushed beyond their ability to cope. Trauma affects children differently depending on their age, personality and past experiences. When a child is traumatized it affects the whole child: their mind, body, spirit and relationships with others.</p> <p style="text-align: center;">This training will cover:</p> <p style="text-align: center;">Effects of trauma * Trauma symptoms in children * Trauma triggers * Poly victimization * Link between Childhood and Adult Trauma * Trauma Informed responses</p>
<p><b>Tuesday, Sept 25</b> <b>9:00 – 12:00</b></p> <p>Nova Southeastern University, Rm 122 4850 Millenia Blvd, Orlando, 32839</p> <p>Orange County</p>	<p style="text-align: center;"><b><u>Paper Tigers</u></b></p> <p>Set within and around the campus of Lincoln Alternative High School in the rural community of Walla Walla, Washington, <i>Paper Tigers</i> asks the following questions: What does it mean to be a trauma-informed school? And how do you educate teens whose childhood experiences have left them with a brain and body ill-suited to learn?</p> <p>In search of clear and honest answers, <i>Paper Tigers</i> hinges on a remarkable collaboration between subject and filmmaker. Armed with their own cameras and their own voices, the teens of <i>Paper Tigers</i> offer raw but valuable insight into the hearts and minds of teens pushing back against the specter of a hard childhood. Against the harsh reality of truancy, poor grades, emotional pain, and physical violence, answers begin to emerge. The answers do not come easily. Nor can one simply deduce a one-size-fits-all solution to a trauma-informed education. But there is no denying something both subtle and powerful at work between teacher and student alike: the quiet persistence of love.</p>

<p><b>Tuesday, Oct 9</b>  <b>9:00 – 11:00</b>  2600 Technology Dr.  Orlando 32804,  2nd Floor</p> <p>Orange County</p>	<p style="text-align: center;"><b><u>The Culture of Secrecy and Sexual Abuse</u></b></p> <p>This training will explore cultural, societal, familial and developmental factors that influence secret keeping and disclosure of sexual abuse or other safety issues. Participants will be able to identify mixed messages that children receive regarding telling about safety issues and will be able to identify communication and behavioral practices to increase the likelihood of a child disclosing abuse to an adult.</p>
<p><b>Tuesday, Oct 16</b>  <b>9:00 – 12:00</b>  Nova Southeastern  University, Rm 122  4850 Millenia Blvd,  Orlando, 32839</p> <p>Orange County</p>	<p style="text-align: center;"><b><u>Human Trafficking / Commercial Sexual Exploitation of Children</u></b></p> <p>Commercial sexual exploitation of children (CSEC) is a commercial transaction that involves the sexual exploitation of a child, such as the prostitution of children and child pornography. During the training, you will hear compelling stories from experts and survivors about the commercial sexual exploitation of children. You will also:</p> <ul style="list-style-type: none"> <li>• learn what commercial sexual exploitation of children is and what circumstances make children vulnerable.</li> <li>• learn about the root causes of commercial sexual exploitation directly from survivors.</li> <li>• understand how preventing child sexual abuse reduces the risk for children being commercially sexually exploited.</li> <li>• hear about actions adults can take to prevent commercial sexual exploitation of children.</li> </ul>
<p><b>Thursday, Oct 18</b>  <b>9:00 – 12:00</b>  CBC of Central Florida:  111 E Monument Ave.  Kissimmee FL 34741  The Lake Tahoe Room  (5<sup>th</sup> floor)</p> <p>Osceola County</p>	<p style="text-align: center;"><b><u>Human Trafficking / Commercial Sexual Exploitation of Children</u></b></p> <p>Commercial sexual exploitation of children (CSEC) is a commercial transaction that involves the sexual exploitation of a child, such as the prostitution of children and child pornography. During the training, you will hear compelling stories from experts and survivors about the commercial sexual exploitation of children. You will also:</p> <ul style="list-style-type: none"> <li>• learn what commercial sexual exploitation of children is and what circumstances make children vulnerable.</li> <li>• learn about the root causes of commercial sexual exploitation directly from survivors.</li> <li>• understand how preventing child sexual abuse reduces the risk for children being commercially sexually exploited.</li> <li>• hear about actions adults can take to prevent commercial sexual exploitation of children.</li> </ul>
<p><b>Tuesday, Oct 23</b>  <b>10:00 – 12:00</b>  Nova Southeastern  University, Rm 122  4850 Millenia Blvd,  Orlando, 32839</p> <p>Orange County</p>	<p style="text-align: center;"><b><u>Resilience</u></b></p> <p style="text-align: center;"><i>“The child may not remember, but the body remembers.”</i></p> <p><b>RESILIENCE</b> is a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of every- thing from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior. However, as experts and practitioners profiled in <b>RESILIENCE</b> are proving, what’s predictable is preventable. These physicians, educators, social workers and communities are daring to talk about the effects of divorce, abuse and neglect. And they’re using cutting edge science to help the next generation break the cycles of adversity and disease.</p>

<p><b>Tuesday, Oct 30</b>  <b>9:00 – 12:00</b>  2600 Technology Dr.  Orlando 32804,  2nd Floor</p> <p>Orange County</p> <p><b>*NOTE*</b>  These trainings build on the education provided in <i>Stewards of Children</i>®, Darkness to Light’s evidence-based training on preventing, recognizing, and reacting responsibly to child sexual abuse. It is highly recommended that participants complete <i>Stewards of Children</i>® prior to taking the course.</p>	<p style="text-align: center;"><b>Darkness to Light – Supplemental Trainings</b></p> <p style="text-align: center;"><b><u>Bystander Intervention</u></b></p> <p>During the training, you will hear compelling stories from experts and survivors about being an active bystander. You will also:</p> <ul style="list-style-type: none"> <li>• Learn what it means to be an active bystander.</li> <li>• Learn what actions you can take as an active bystander.</li> <li>• Receive examples of boundary violations and red flag behaviors.</li> <li>• Learn how to make spontaneous and planned interventions.</li> </ul> <p style="text-align: center;"><b><u>Healthy Touch for Children &amp; Youth</u></b></p> <p>During the training, you will hear compelling stories from experts and survivors about being an active bystander. You will also:</p> <ul style="list-style-type: none"> <li>• Receive some guidelines for healthy touch at home and in youth serving settings.</li> <li>• Learn how to balance children’s needs for warmth and affection with safe, respectful ways of interacting.</li> <li>• Learn about healthy sexual development in children so we can identify normal and abnormal touching behaviors.</li> </ul> <p style="text-align: center;"><b><u>Talking with Children about Safety from Sexual Abuse</u></b></p> <p>During the training, you will hear compelling stories from experts and survivors about how talking to kids can help prevent sexual abuse. You will also:</p> <ul style="list-style-type: none"> <li>• Learn why relationships and resilience are the building blocks of safety for children.</li> <li>• Receive examples of how to talk about personal safety with children of all ages.</li> <li>• Learn how to use everyday opportunities to talk with children about sexual abuse.</li> </ul> <p style="text-align: center;"><b>Please plan to stay &amp; complete all of these trainings. They are all separate, but related.</b></p>
<p><b>Thursday, Nov 15</b>  <b>9:00 – 12:00</b>  CBC of Central Florida:  111 E Monument Ave.  Kissimmee FL 34741  The Lake Tahoe Room  (5<sup>th</sup> floor)</p> <p>Osceola County</p>	<p style="text-align: center;"><b><u>Children and Trauma</u></b></p> <p>Childhood trauma is the result of an event or a series of events which cause a child to feel helpless and pushed beyond their ability to cope. Trauma affects children differently depending on their age, personality and past experiences. When a child is traumatized it affects the whole child: their mind, body, spirit and relationships with others.</p> <p style="text-align: center;">This training will cover:</p> <p style="text-align: center;">Effects of trauma * Trauma symptoms in children * Trauma triggers * Poly victimization * Link between Childhood and Adult Trauma * Trauma Informed responses</p>
<p><b>Tuesday, Dec 11</b>  <b>9:00 -</b>  2600 Technology Dr.  Orlando 32804,  2nd Floor</p> <p>Orange County</p>	<p style="text-align: center;"><b><u>Darkness to Light ~ Stewards of Children</u></b></p> <p><b>Stewards of Children</b> is a prevention training program that teaches adults how to prevent, recognize, and react responsibly to child sexual abuse. The program is designed for organizations that serve youth and for individuals concerned about the safety of children. It is the only nationally distributed, evidence based program proven to increase knowledge, improve attitudes, and change child protective behaviors.</p> <ul style="list-style-type: none"> <li>• A two-part DVD presentation with commentary from sexual abuse survivors, experts in the field and concerned adults.</li> <li>• Facilitator-led discussion emphasizes important issues in prevention within the community and organizations that serve children.</li> </ul> <p>An interactive workbook facilitates discussion, reinforces key concepts, and serves as a resource and personal action plan for resolving child sexual abuse.</p>

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