### Training Calendar ~ August - December 2019

#### Orange & Osceola County

**Date, Time & Location**

Orange County

All trainings will be held at Nova Southeastern University, 4850 Millenia Blvd, Orlando

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**PRESENTATION**

#### BROKEN PLACES ~ Screening & Discussion

**BROKEN PLACES documentary** explores why some children are severely damaged by early adversity while others are able to thrive.

To help answer this question, we updated a few of the stories of children growing up in difficult circumstances that we filmed decades ago. It turns out that some of these children were so scarred by abuse and neglect that they are now in mental institutions, correctional facilities, or drug rehabilitation centers. A few died prematurely. However, there are others who managed to overcome comparable childhood stress and are now healthy, self-sufficient adults. Viewers are given a unique time-lapse perspective, witnessing how a few of these troubled children evolved into the adults they are today.

By revisiting some of the abused and neglected children we profiled decades ago, we’re able to dramatically illustrate how early trauma shaped their lives as adults. **BROKEN PLACES** interweaves these longitudinal narratives with commentary from a few nationally renowned experts to help viewers better understand the devastating impact of childhood adversity as well as the inspiring characteristics of resilience.

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**CRACKED UP ~ Screening & Discussion**

In **Cracked Up** we witness the effects adverse childhood experiences can have across a lifetime through the incredible story of actor, comedian, master impressionist and Saturday Night Live veteran, Darrell Hammond.

Behind the scenes Darrell suffered from debilitating flashbacks, self-injury, addiction and misdiagnosis, until the right doctor isolated the key to unlocking the memories his brain kept locked away for over 50 years. Cracked Up, director Michelle Esrick, creates an inspiring balance between comedy and tragedy helping us understand the impact of toxic stress and childhood trauma in a new light, breaking down barriers of stigma and replacing shame with compassion and hope.

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**HELPING KIDS COPE: Skills to Make the Moment Manageable**

This training will support participants to identify common acute distress reactions in children who have experienced trauma or abuse and teach participants to implement basic relaxation and grounding techniques to support emotional regulation in distressed children.

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**LIKE ANY OTHER KID ~ Screening & Discussion**

Something incredible is happening behind the locked doors of the James Ranch in Morgan Hill, California, the Bridge City Center for Youth in Bridge City, Louisiana, and 162nd St. Sheltering Arms, in the Bronx, New York. Caring and committed staff are using guidance, setting boundaries, and showing unconditional love and compassion to youth offenders.

**Like Any Other Kid** provides a rare glimpse into the inner-workings of one of the most promising developments in juvenile justice reform: the use of non-punitive, therapeutic programs to change behavior and help youth re-enter their communities.

Following the intimate relationships between incarcerated youth and staff in three (con’t)
unique facilities across the country over the course of three years, the film shows how these programs work.

Based on the Missouri approach, where love and structure, instead of punishment, are used, these programs guide and teach youth how to take responsibility for themselves. Through scenes of conflict, vulnerability, reflection, commitment, and joy, the youth transform before our eyes. Like Any Other Kid shows us the great potential of these youth if we let them be just that: like any other kid.

### RESILIENCE ~ Screening & Discussion

*"The child may not remember, but the body remembers."*

**RESILIENCE** is a one-hour documentary that delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of every-thing from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior. However, as experts and practitioners profiled in **RESILIENCE** are proving, what’s predictable is preventable. These physicians, educators, social workers and communities are daring to talk about the effects of divorce, abuse and neglect. And they’re using cutting edge science to help the next generation break the cycles of adversity and disease.

### LIKE ANY OTHER KID ~ Screening & Discussion

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| Thursday, November 14th 9:30-12:00 | **BROKEN PLACES ~ Screening & Discussion**  
**BROKEN PLACES** documentary explores why some children are severely damaged by early adversity while others are able to thrive. To help answer this question, we updated a few of the stories of children growing up in difficult circumstances that we filmed decades ago. It turns out that some of these children were so scarred by abuse and neglect that they are now in mental institutions, correctional facilities, or drug rehabilitation centers. A few died prematurely. However, there are others who managed to overcome comparable childhood stress and are now healthy, self-sufficient adults. Viewers are given a unique time-lapse perspective, witnessing how a few of these troubled children evolved into the adults they are today. By revisiting some of the abused and neglected children we profiled decades ago, we’re able to dramatically illustrate how early trauma shaped their lives as adults. **BROKEN PLACES** interweaves these longitudinal narratives with commentary from a few nationally renowned experts to help viewers better understand the devastating impact of childhood adversity as well as the inspiring characteristics of resilience. |
| Thursday, December 12th 9:30-12:00 | **CRACKED UP ~ Screening & Discussion**  
In **Cracked Up** we witness the **effects adverse childhood experiences** can have across a lifetime through the incredible story of actor, comedian, master impressionist and Saturday Night Live veteran, **Darrell Hammond**. Behind the scenes Darrell suffered from debilitating flashbacks, self-injury, addiction and misdiagnosis, until the right doctor isolated the key to unlocking the memories his brain kept locked away for over 50 years. Cracked Up, director Michelle Esrick, creates an inspiring balance between comedy and tragedy helping us understand the impact of toxic stress and childhood trauma in a new light, breaking down barriers of stigma and replacing shame with compassion and hope. |

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Register by emailing: cacinfo@orlandohealth.com  
*Please be sure to indicate which training you are registering for*

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If you are interested in scheduling any of these presentations for your organization, please contact ann.pimentel@orlandohealth.com

Pursuant to the provisions of the Americans with Disabilities Act, any person requiring special accommodations to participate in these training is asked to advise the agency at least 72 hours prior by contacting: 407-317-7430 ext.2229